



So you have completed your sport profile; you have athletic footage of a full game and highlights; and you have prioritized your athletic program shortlist. What's next?

Outreach

Remember that first impressions are important. You need to be organized and professional, both in your communication with coaches and in your personal profile. You should start by creating a professional email address, such as first.name.last.name@gmail.com.

Email template

There is an example of an [introduction email](#) that you can refer to from our website. Use the template as a starting point and be sure to personalize the email to match your style and personality.

Coach and student-athlete insights

What are the expectations of a college coach when recruiting? How have student-athletes from Australia been recruited? What is their student-athlete experience like?

The pathway and everyone's story will be different. What is common to all however, is that they have talent. After talent is realized then it is important to be realistic of where your talents are best suited to the sports program and the academic rigor of the college you are aspiring to.

Check out the videos below. They will leave you inspired and provide you with some great insight that you can use in reaching your own goals! Good luck!

[Hear from the Arizona State Water Polo coach and 2018 senior Lena Mihailovic from Sydney](#)



[2018 senior Alanna Smith from Melbourne was the first international student on the Stanford basketball team](#)

