



This information is provided as a guide only—please review and develop a sports profile that best reflects you. You should have this completed by the start of Year 11.

Your sport profile is best not to exceed two pages and could include the following:

- Link to video footage of whole games/competition—**not** just a highlight video. Coaches want to see how you respond, your body language, etc. rather than just examples of you at your best.
- One page reference from your current coach. Good to include their contact details (email and telephone)

Your sport profile could include:

Personal Details

- Name
- Sport and position
- Level of competition - representative, state, national
- Weight and height if important for your sport
- Eligibility ID number
- SAT/ACT score or projected test date/s
- Projected U.S. college start date
- Contact details of current Australian coach (email and telephone if they are happy to talk of your abilities etc.)
- Link to footage

Sporting Achievements

- Times, results or statistics that profiles your talents (e.g. ERG results for rowers)
- Awards and achievements

Personal Message

- Personal goals
- What you can give to their program
- Why do you want to join this team and attend this college

Optional

- An additional one page summary of your grades from Years 9-12 (or the year(s) you have completed). This can be useful information for U.S. coaches interested in recruiting you before you can share standardized test results (SAT or ACT). A template is provided in the Appendix.